KOI
King's Own Institute
CRICOS: 03171A
KOI.EDU.AU

WE ARE LOOKING FOR AN HONEST VOICE

AT KOI, YOUR THOUGHTS, IDEAS, AND EXPERIENCES ARE IMPORTANT.

COME ALONG TO THE KOI DEAN'S FORUM

MEET OUR CEO & DEAN / PRESIDENT, DR DOUG HINCHLIFFE IN AN OPEN, WELCOMING SPACE.



WHAT IS KOISS Voice?

Pause and listen — every voice matters.

KOISS Voice is a space for the KOI community to share real stories, experiences, and reflections from students, alumni, and staff. It's more than an update — it's a chance to pause and listen to voices across campus, each with their own journey in Australia. From lessons learned to everyday insights, KOISS Voice invites you to connect on a more human level. If you're open to listening, you might find a story that truly speaks to you.

KOISS Voice

0 Before I get into this topic

I want to tell you something I've noticed after meeting so many students at King's Own Institute.

Over the years, I've seen two kinds of university students.



The Best Low-Cost Investment

KOI Students Can Make in Themselves

Safe Way

The first kind spends university in a very stable way. They attend classes, submit assignments, maintain decent grades, maybe join a few activities, hang out with friends occasionally, then graduate, find a job, and begin adult life.

Messy Way

The second kind has a much messier university experience. They try many different things. Some fail. Some go nowhere. Some become important turning points later. Their four years don't always look impressive on paper, but by the time they graduate, they usually understand themselves much more clearly. They know what kind of life they want, what they care about, what they are good at, and what they definitely don't want anymore.

The first type sometimes becomes lost later on. Not immediately after graduation — usually two or three years later. They suddenly realise they don't actually know what they want. They don't know what kind of work suits them. They don't know whether they genuinely enjoy the path they're on or if they simply followed the safest option available at the time.

That kind of confusion is often the hidden cost of spending university life too safely.

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UNIVERSITY IS PROBABLY ONE OF THE RAREST STAGES IN YOUR LIFE.

many students don't fully realise this



Especially for students studying in Australia, this period is incredibly unique. You're living in another country, building a new life, meeting people from completely different backgrounds, learning how to survive independently, while also trying to figure out who you are becoming.

Right now, most of you probably don't have mortgages to pay. You're not raising children. Your entire life won't collapse because of one failed idea or one embarrassing attempt.
You still have room to experiment.
And that matters more than people think.
Because once university finishes, time starts becoming fragmented. Responsibilities increase. The cost of making mistakes becomes higher. The freedom to explore slowly becomes smaller.

That's why I genuinely think university is not only a place to get a degree.
It's one of the last periods in life where you are allowed to explore yourself while the consequences are still relatively small.
And honestly, a lot of students waste this stage without realising how valuable it actually is.
So if you ask me what the best low-cost investment a university student can make is, here's what I would say.



KOI T226 CALENDAR

Life-changing opportunities often begin with simple curiosity. Browse the Sydney Events Calendar and take the first step towards discovering new experiences, connections, and possibilities waiting for you.

June 2026

	S	M	T	W	T	F	S
14		1	2	3	4	5	6
	7	8	9	10	11	12	13
	14	15	16	17	18	19	20
0	21	22	23	24	25	26	27
1	28	29	30				

June - Winter Woolies & Footy Season

Jun 3 - 4: EDUtech AU

Jun 3 - 14: Sydney Film Festival

Jun 8: King's Birthday / June Long Weekend

Jun 15 - 21: Refugee Week

Jun 16 - 18: The Global Sourcing Expo

Jun 17: Al Hijri (Islamic New Year)

Jun 19: Dragon Boat Festival

Jun 21: Winter Solstice

Jun 24 - 26: KOI Orientation Day

Jun 29: KOI T226 Commences - EOFY Sales End

July 2026

	S	M	T	W	T	F	S
1				1	2	3	4
2	5	6	7	8	9	10	11
3	12	13	14	15	16	17	18
4	19	20	21	22	23	24	25
5	26	27	28	29	30	31	

July - Christams in July

Jun 29 - Jul 3: KOISS Welcome Week

Jul 3 - 19: Bondi Festival

Jul 5 -12: NAIDOC Week

Jul : Christmas in July @ The Rocks

Jul : Bastille Festival

Jul 28 - Aug 12: Sydney Super Cup 2026

Jul 30 - Aug 2: Sydney Boat Show

Yulefest in Blue Mountains

August 2026

	S	M	T	W	T	F	S
5							1
6	2	3	4	5	6	7	8
7	9	10	11	12	13	14	15
8	16	17	18	19	20	21	22
9	23	24	25	26	27	28	29
10	30	31					

August - Whale Watching Season

Aug 4: National Aboriginal and Torres Strait Islander Children's Day

Mid Aug: Sydney Cherry Blossom Festival

Aug 6 - 9: Volturen City2Surf - run from CBD to Bondi

Aug 9: International Day of the World's Indigenous People

Aug 15 - 23: National Science Week 2026

Aug 16: Ferragosto - Sydney Italian Festival

Aug 28 & 29: Sydney West Careers & Employment Expo

Aug 29: Penrith Show 2026

Aug 30: TCS Sydney Marathon (Annual event)

September 2026

	S	M	T	W	T	F	S
10			1	2	3	4	5
11	6	7	8	9	10	11	12
12	13	14	15	16	17	18	19
13	20	21	22	23	24	25	26
14	27	28	29	30			

September - Spring Starts Season

Sep 1 - 30: Sydney Fringe Festival

Sep 4: Krishna Janmashtami (Hindu Festival)

Sep 6: Father's Day

Sep 10: R U OK? Day

Sep 11: Enkutatash & Nayrouz (Ethiopian & Coptic New Year)

Sep 11 - 13: AusFitness Expo Sydney

Sep 11 - Oct 5: Tulip Time 2026 @ Bowral

Sep 13: Bondi Festival of the Winds

Sep 17: Australian Citizenship Day

Sep 18 - 20: The Big Design Market 2026

Sep 20: Cabramatta Moon Festival 2026

Sep 25: Mid-Autumn (Moon) Festival

Sep 25: Tết Trung Thu + Tsukimi + Chuseok

October 2026

	S	M	T	W	T	F	S
14					1	2	3
	4	5	6	7	8	9	10
	11	12	13	14	15	16	17
0	18	19	20	21	22	23	24
1	25	26	27	28	29	30	31

October - Jacaranda Season

Oct: Granny Smith Festival

Oct: NRL Grand Final - Rugby League

Oct 2: Mahatma Gandhi Jayanti - Non-violence Month

Oct 5: Labour Day - Oct Long Weekend

Oct 10 - 19: Sydney Craft Week

Oct 11: Marrickville Music Festival

Oct 11 - 20: Dashain (Nepalis Festival)

Oct 16 - Nov 2: Sculpture by the Sea, Bondi

Oct 17 - Nov 3: Bondi - Sulpture by the Sea

Oct 21 - 24: Parramatta Lanes 2026

Oct 21 - 23: KOI Orientation Day

Oct 25: The Norton Street Italian Festa

Oct 26: KOI T326 Commences

Oct 26 - 30: KOISS Welcome Week

Oct 29 - Nov 1: Ghost in the Rocks

Oct 31: Halloween

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SCAN ↘ HERE

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FOR KOI TIMETABLE

- ☑ CLASS TIME
- ☑ CLASS LOCATION
- ☑ SUBJECT INFO

PLEASE CHECK YOUR PERSONAL TIMETABLE AT THE BEGINNING OF EACH TRIMESTER, AS MINOR CHANGES MAY OCCUR WITH NOTIFICATION, AND VISIT MOODLE FOR MORE DETAILED INFORMATION ABOUT YOUR SUBJECTS AND UNITS.

MORE INFORMATION

TIMETABLE@KOI.EDU.AU

KOI.EDU.AU

KOI

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STUDENT GROUP

MAKE WAVES WITH KOI

STAY AHEAD IN YOUR

journey

SCAN TO JOIN WHATSAPP GROUP

CRICOS: 03171A
KOI.EDU.AU
ENGAGE@KOI.EDU.AU

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King's Own Institute

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KOI.EDU.AU

Looking For

ME WE

KOI Student Leader

Club Leaders & Student Society Members:

- Lead events and activities that inspire others
- Build your leadership and teamwork skills
- Connect with students, alumni, and staff
- Launch your own projects and make an impact

JOIN CLUBS

SCAN ME!



20 + KOISS CLUBS

More than 800 clubs members waiting you

Questions to Engage@koi.edu.au

Join Club WhastApp group after registration

KOI
King's Own Institute

MORE THAN VOLUNTEERING

The KOISS Volunteer Program

provides KOI students with flexible opportunities to support campus events, participate in selected third-party volunteering activities, gain real-world experience, and become part of a welcoming student community.

CREATE MEMORIES
WHILE SUPPORTING OTHERS



SCAN THE QR CODE, JOIN NOW!

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1

USE AI TO LEARN



This is the most underestimated opportunity of our time.







When I was an undergrad, if I wanted to understand something I didn't know, my only options were: textbooks, the library, asking the professor (who might not have time), asking senior students (who might not know much more than me).
Inefficient. Sometimes a single question would stump me for days.



Now, college students have

CHATGPT, CLAUDE, MIDJOURNEY, GEMINI, ETC.

You can ask questions anytime. You can explore ideas instantly. You can have something explain concepts to you repeatedly without judgement. But honestly, most students are wasting this opportunity.

THEY USE AI TO FINISH ASSIGNMENTS FASTER, WRITE REPORTS, OR AVOID DIFFICULT THINKING ALTOGETHER.
AND THAT ONLY PRODUCES COMPLETED HOMEWORK — NOT REAL CAPABILITY.

THE BEST WAY TO USE AI IS NOT ASKING IT FOR ANSWERS. IT'S ASKING IT TO CHALLENGE YOUR THINKING.

HOW SHOULD YOU ACTUALLY USE AI TO LEARN?

- **Socratic Mode**

Don't ask AI for answers. Ask it to ask you questions.
Tell AI what you're learning and ask it to play the role of a teacher, questioning you to test if you truly understand.
This method forces you to think actively, not receive passively.

- **Cross-domain connection**

You learn something and ask AI to help you find connections to other fields.
I study accounting. Sometimes I ask AI to compare accounting concepts with psychology or biology. Those unexpected analogies often give me fresh perspectives you won't find in textbooks.

- **Customised learning path**

You're interested in a certain direction but don't know where to start. Tell AI your current foundation, your goal, the time you can commit. Ask it to design a learning path for you. Not asking for a pile of resources — asking it to help you clarify the order in which you should learn things, why that order, and what the goal of each stage is.
This method gives you a free, always-available personal tutor.



THE GAP AFTER THREE YEARS

between someone who truly knows how to learn with AI and someone who doesn't use it at all will, I think, surprise many people.
This isn't praising AI. It's saying: this tool is available. Using it or not leads to two completely different paths.

King's Own Institute



DID YOU KNOW THAT KOI STUDENTS ARE ELIGIBLE FOR

FREE ACS MEMBERSHIP

THE AUSTRALIAN COMPUTER SOCIETY

BUILD YOUR PROFESSIONAL NETWORK

DEVELOP IN-DEMAND SKILLS

ADVANCE YOUR CAREER

ENGAGE @ KOI.EDU.AU

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King's Own Institute

KOI
IT Expert Talk
T126

How to Secure Your First Job in I.T.



WITH PEOPLEBANK IT RECRUITMENT PRACTICE LEAD DAN GORDON

April 8th | 11am-12:30 pm
King's Own Institute: Levels 9, Waratah Theatre
11 York Street, Sydney NSW

Dan is a 20 year IT Recruitment Industry veteran. The first certified Scrum Master & Product Owner recruiter in Australia he has recruited across the IT job market from graduates to Chief Information Officers for brands like Red Bull, AT&T & Macquarie Bank as well as Australia's highest profile tech start- ups and scale ups.

Dan currently leads the Software and Senior Appointment Recruitment Practices for Australia's largest and leading IT Recruitment company Peoplebank Australia.
Over an interactive hour and half, Dan will map the end-to-end process of securing your first job in IT from defining you value proposition, how to write an effective CV through to interviewing successfully. This will include 40 minutes of Q&A to answer your questions about securing your first job in IT.

KEY TOPICS

- Defining your value proposition & how to standout
- Crafting a compelling resume & building a strong LinkedIn profile
- Understanding the current tech & data job market How to prepare for interview
- What to expect in the interview process
- Insights into career pathways in data and tech

Daniel Gordon | LinkedIn

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Peoplebank

MEETING LINK

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KOI.EDU.AU

JOB HUNTING

THE FUTURE WITH AI

Join KOI Professional Development Workshop – "How to Use AI Efficiently and Ethically for Job Hunting" to learn practical ways to use AI for crafting résumés, researching employers, and building your career network in Australia.

HYBRID WORKSHOP

28 NOV,2025 | 2:30 PM

KOI Wynyard Campus 10.10





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MARKET PLACE

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King's Own Institute

WHERE STUDENT IDEAS BECOME REALITY



KOI SHOP | KOI ENTREPRENEUR | KOI RENT

ENGAGE.KOI.EDU.AU

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MEET

KOI'S NEW AI CAMPUS GUIDE

KOKO



KOKO is now LIVE
on the KOISS Engage Website!
Built by KOI students,
for KOI students, Koko helps
you quickly find the right
support, departments, clubs,
events, and campus resources.

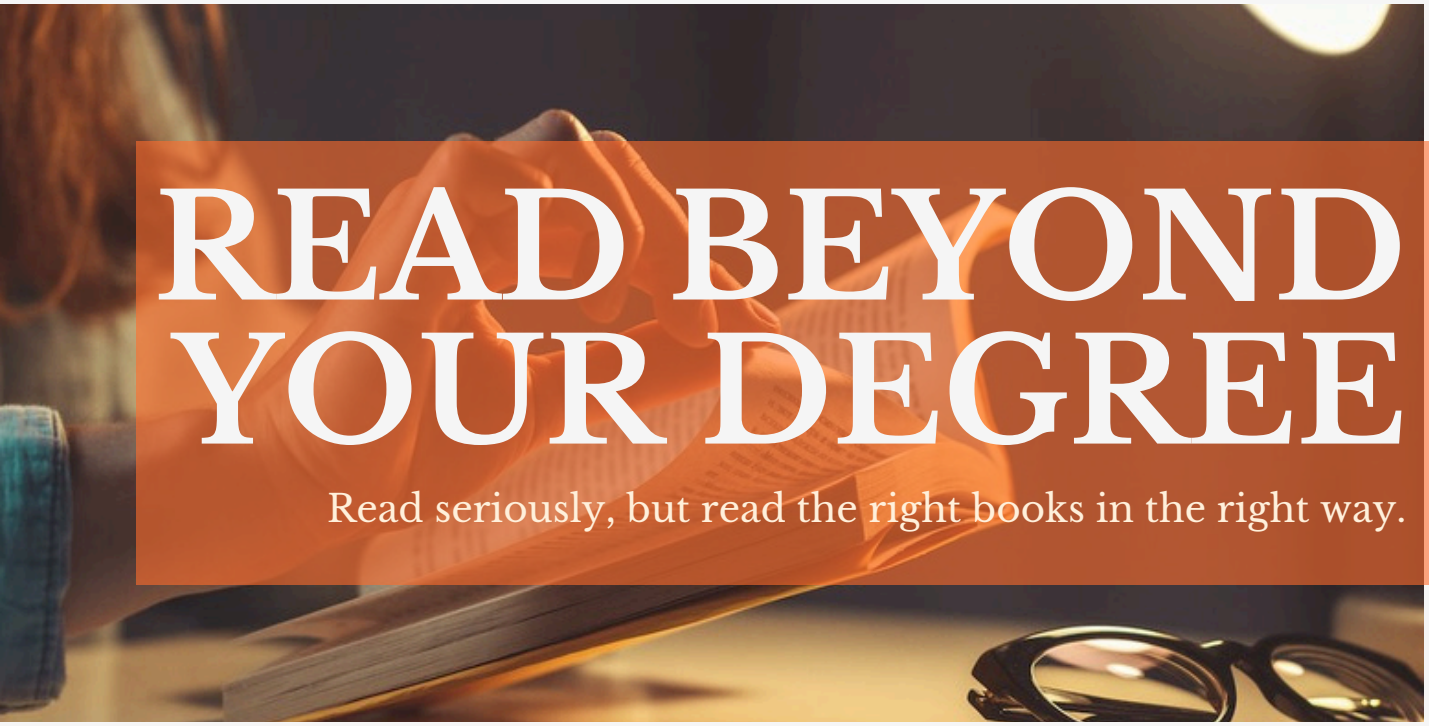
SCAN ME

**ANYTIME,
ANYWHERE**



ENGAGE@KOI.EDU.AU

2



READ BEYOND YOUR DEGREE

Read seriously, but read the right books in the right way.

TYPE 1: CLASSICS OUTSIDE YOUR MAJOR.

If you're a STEM major, seriously read some classics in the humanities and social sciences. Not for show, but because STEM training gives you logic but may not give you an understanding of people, society, and the world. That understanding will add another dimension to your thinking.
If you're a humanities major, seriously engage with some scientific thinking. Not asking you to learn math, but to understand ways of thinking like "evidence-based speaking," "controlling variables," and "falsifiability."
Cross-disciplinary reading is the lowest-cost way to build a unique perspective.

TYPE 2: BIOGRAPHIES AND MEMOIRS.

Not the hagiographic kind, but those that honestly record how a person made decisions, how they faced failure, how they found their way through uncertainty.
These books are the cheapest life experience you can buy. For the price of a few dollars, you get decades of someone's experiences and lessons — the ones they're willing to tell honestly.

TYPE 3: THE CLASSICS THAT HAVE TRULY CHANGED MANY PEOPLE'S THINKING.

Not the bestsellers on the lists, but those that have been read by generation after generation, who found them genuinely useful.
Every field has a few such books. Find them. Read them seriously. Not speed-reading. Read until you can summarise the core ideas in your own words, until you can see the connection to your own life.

I NEED TO BE VERY SPECIFIC HERE

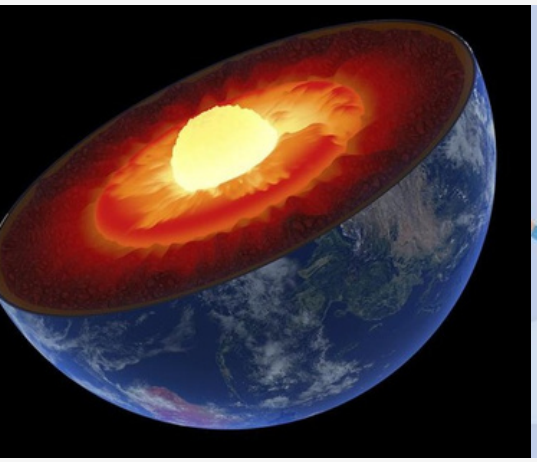
because the advice "read more" has been said so often that most people still don't know what to do after hearing it.

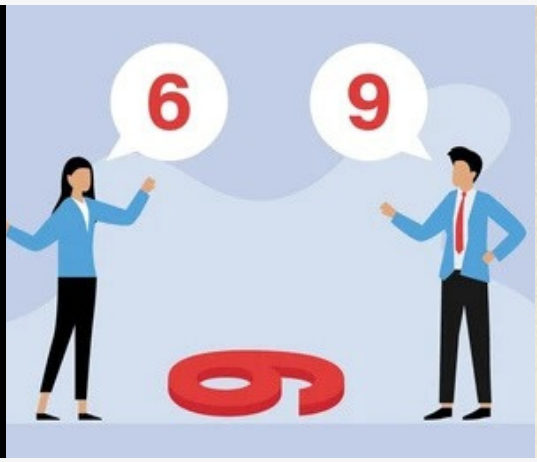
First, which books are worth reading.
Not all books deserve equal time.
Some books are useful to read once, and that's enough: most toolbooks and methodology books fall into this category.

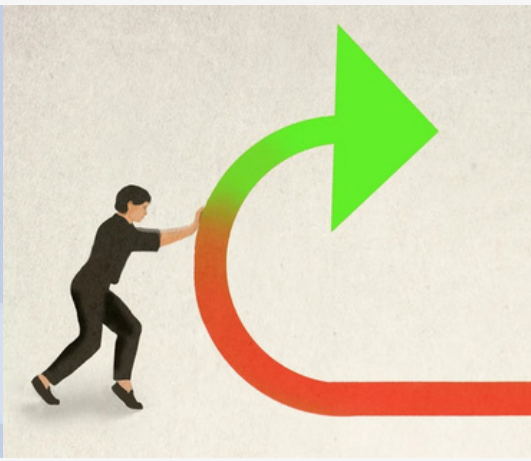
> “HOW YOU READ MATTERS MORE THAN WHAT YOU READ.

After finishing a book *Do* One Thing

CLOSE THE BOOK. ON A BLANK PIECE OF PAPER, WRITE DOWN:







- WHAT IS THE CORE ARGUMENT OF THIS BOOK? SUMMARISE IN THREE SENTENCES.
- WHAT VIEW OF MINE HAS THIS BOOK CHANGED?
- WHAT CAN I DO DIFFERENTLY TOMORROW AFTER READING THIS BOOK?

These three questions turn
passive reading into active digestion.
Without this step,
reading many books is like not reading them at all.
Two months later, you won't even remember the title.


KOI
King's Own Institute
LIBRARY
Considers a library a necessity of life, not a luxury.
OPEN DOORS
OPEN MINDS
Level 10, 11 York St, Sydney, NSW, 2000
CRICOS: 03171A I KOI. EDU. AU



KOI CRICOS 03171A
KOI.EDU.AU
koistudentsociety@koi.edu.au

city of Sydney



"Libraries were full of ideas—perhaps the most dangerous and powerful of all weapons."
— Sarah J. Maas, Throne of Glass

Libraries

Explore any of our 9 branches to access free WiFi and computers or to browse and borrow from the collection. Library membership is free if you live in NSW.

- Customs House Library
- Darling Square Library
- Glebe Library
- Green Square Library
- Kings Cross Library
- Newtown Library
- Pyrmont Link
- Surry Hills Library
- Town Hall Library Express
- Ultimo Library
- Waterloo Library

In-branch and online programs
Join our lunchtime conversations, online workshops and classes. Or keep the kids entertained with our popular rhymetime and storytime videos available to watch at home anytime.

2024 with KOISS

Scan for libraries locations

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King's Own Institute

KINDLY JOIN US FOR KING'S OWN INSTITUTE

Cultural Awareness Fair

12 MAY | 2026

FROM 1 PM TO 5:30 PM
FREE FOOD & DRINK +
MANY FUN GAMES

11 YORK STREET
WYNYARD CAMPUS
LEVEL 9 CANTEEN AREA

Diversity is our biggest strength

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3

Build Your Personal Brand

I think this is one of the most underestimated investments a college student can make.
Let me explain why.
Anything you accumulate in college — study notes, professional knowledge, reading insights, life experiences — if it stays only in your head, it has value only to you.
But if you output it as content, it becomes valuable to others, then builds influence for you, then creates opportunities for you.
Starting this process in college is when the cost is lowest: because you have time, you don't have too many burdens, the cost of trial and error is tiny — a video nobody watches costs you only those few hours, not your job, not your income.

STEP 1: FIND YOUR "CONTENT ASSET."

IYou're a computer science major learning a skill others find difficult — your learning process is content.
You're a humanities major, you've read many books, you have your own views on a topic — your views are content.
You don't need to be an expert. You just need to know a little more than your target audience.
Someone who has just started has value to someone who hasn't started yet.
Don't wait until "I'm good enough" to start. That day will never come, or by the time it comes, you'll have missed the best window.

STEP 2: CHOOSE ONE PLATFORM

Don't spread yourself thin across all platforms at the beginning. Choose the form of expression that comes most naturally to you:

- writing → LinkedIn or blogs,
- short videos → TikTok or Instagram,
- long-form content → YouTube,
- student community updates → Facebook groups or Reddit.

Once chosen, take it seriously. Don't fish for three days and dry the nets for two.

STEP 3: THE CORE OF CONTENT IS AUTHENTICITY, NOT PERFECTION.

What makes content memorable is not the most polished production or the densest information. It's content that makes you feel the person is real, flesh and blood, sincerely saying what they truly think.
Your real experiences, the real pitfalls you've encountered, the questions you've truly thought through.
These things can't be generated by AI, can't be copied by others. Only you have them.

STEP 4: PERSIST, AND WAIT FOR COMPOUND INTEREST

The hardest part of creating content is the first three to six months: almost no one watches, the numbers are dismal, it's easy to feel it's pointless and give up.
But the logic of content creation is compound interest. Content accumulates, audience accumulates, and your ability to express yourself accumulates.
Those who push through the first six months will look back and realize that period when no one was watching was when they built their most solid foundation.



ADD VALUE OF CONTENT CREATION

FOR YOU

Your journey itself already has value.

- It forces you to turn vague thoughts into clear expression — and that process itself is a form of learning.
- It builds you a "public knowledge system" — when you're looking for jobs, collaborations, opportunities, this system is your best business card.
- It brings you unexpected connections — I know people who, because of an article they wrote, met someone who changed their career trajectory.



THESE ARE EXTRA GAINS.

The core gain is: in this process, you figure out who you are and what value you can provide.

That clarity is worth more than anything on your resume.

BUILD SOMETHING PUBLICLY

KOI TALENT INFLUENCERS

CREATE. INSPIRE. INFLUENCE.

ARE YOU PASSIONATE ABOUT

- Photography
- Videography
- TikTok & Instagram Content
- Graphic Design
- Event Hosting
- Digital Storytelling

JOIN THE KOI TALENT INFLUENCERS TEAM!

a student-led creator community showcasing student life, events, culture, and creativity across KOI platforms.

SCAN TO REGISTER

CAPTURE CAMPUS LIFE

INSPIRE THE COMMUNITY

KOI

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UNTIL 26.06.26

KOI TALENT INFLUENCER RECRUITMENT

"A DAY OF KOI STUDENT"

VIDEO CHALLENGE

WIN $300

TO JOIN, SIMPLY CREATE A 30-SECOND TO 3-MINUTE VIDEO ABOUT YOUR KOI STUDENT LIFE, POST IT ON TIKTOK, INSTAGRAM REELS, YOUTUBE SHORTS, FACEBOOK REELS, OR XIAOHONGSHU/RED WITH THE HASHTAGS #KOITALENTINFLUENCER #DAYOFKOISTUDENT #KOILIFE, TAG KOI OR KOISS, AND SUBMIT THE OFFICIAL ENTRY FORM.

WINNER ANNOUNCEMENT:
KOI STUDENT LEADERSHIP CONFERENCE – JULY 2026

#24 APR 2026

T126 // KOI

CULTURAL & CREATIVE WORKSHOP









Time : 1 PM - 4:30 PM

Location: KOI Wynyard Green Campus

Room: Level 10 - Room 09

Highlights:

- 1:30 PM - 2 PM: Opening Presentation
- 2 PM - 3:30 PM: Creative Activities
- 4 PM - 4:30 PM: Sharing & Discussion



JOIN ANYTIME

KOI MASCOT DESIGN

Design KOI's Next Icon – Be the Creator Behind Our Mascot!

COMPETITION RULES :

- Open to all KOI students including Alumni.
- All artwork must be 100% original – no AI, copying, or pre-made graphics
- You should use KOI's name, logo and Official colour palette as your inspiration.
- Your design must be submitted by 31st August 2025. If you are late you will be disqualified.
- Announcement of winners on 5th September 2025.



PRIZE:

1ST $ 500

All submissions will be displayed in the KOI Art Gallery and featured in an online gallery on KOI Engage.
Winner's design will be featured on KOISS merchandise for KOI Marketplace.

4

BUILD REAL RELATIONSHIP



SAME CONTEXT

University might be the last time in your life where you are constantly surrounded by people your age from different countries, cultures, personalities, and dreams. Especially at King's Own Institute, you meet people who are all trying to build a new chapter of life in Australia together. That creates a kind of connection that becomes harder to find later in life.

NOT NETWORKING

- Not wide networking. Not because they are “useful”. Because life becomes much harder when you have nobody you can genuinely talk to.
- Find those two or three people with whom you can truly speak truthfully, challenge each other, dare to speak up when the other is going the wrong way.

DEEP FRIENDSHIP

Deep friendships formed in college are often the most stable of your life — because during that time, you're all in your most authentic state, without too much entanglement of interests. Relationships built on that foundation are solid.

Romantic Relationship

A real intimate relationship will force you to face many of your own issues: how you handle conflict, your ability to express needs, your sense of boundaries in relationships, your patterns of dependence and avoidance.
These are things you can't see when you're alone. In a relationship, they show up. And once they show up, you have a chance to truly know yourself and to change.

THE QUALITY OF YOUR RELATIONSHIP DETERMINES THE QUALITY OF YOUR LIFE.

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STUDENT LEADERSHIP

2026

CONFERENCE @ NEWCASTLE



OVER NIGHT

21 - 22 MAR

Location KOI Newcastle Campus
59 Darby St, Cooks Hill
NSW, 2300

KOI STUDENT LEADERS ONLY

Together We Lead,
Together We Grow.

GET READY TO BOND!

Visit Engage Website for more info.
ENGAGE.KOI.EDU.AU
Or Email to "engage@koi.edu.au"

Student Leadership

MONTHLY TRAINING WORKSHOP



CRICOS: 03171A

ENGAGE@KOI.EDU.AU

KOI.EDU.AU

FROM SOCIAL MEDIA TO START-UPS: LEADING KOI'S DIGITAL FUTURE

DATE:
30TH APR 2026
TIME: 3:30 - 4:30 PM

FOR STUDENT LEADERS, ENTREPRENEURS & CHANGE-MAKERS

SHAPE THE FUTURE KOI MARKETPLACE

TEAMS MEETING LINK:



5

Develop a PHYSICAL SKILL

Not just for health, set your reference point for “Progress”

PRACTICE CONSISTENTLY

Not just for health, though health is also a benefit.
It's because a consistently practiced physical skill gives you something many overlook: a reference point for "progress."

- **Running**

You take up running. You know that three months ago, you ran 5km in 35 minutes, and now you run it in 28 minutes. That progress is real. It can't fool you.

- **Strength Training**

You take up strength training. You know three months ago, you could only squat 60kg, and now you can squat 80kg. That number doesn't lie.

FEELING “I CAN DO IT”

In college, many kinds of progress are fuzzy: you don't know how much smarter you are today than three months ago, don't know how much deeper your thinking is than six months ago. These improvements are hard to quantify and perceive. But progress in physical skills is concrete. You can feel it in every practice session.

This concrete sense of progress fuels your motivation to keep going, and that motivation spills over into other parts of your life.

In psychology, this is called "self-efficacy." Feeling "I can do it" in one domain strengthens your belief in continuing to work hard in other domains.

Australia is honestly a great place for this.
You have beaches, coastal walks, parks, gyms, swimming pools, sports clubs — opportunities that many people in other countries don’t easily have access to.

Use that stage of life while you still can. Because later in life, people usually have more money but much less time.

At King’s Own Institute, you get free access to NCIE sports and fitness facilities as part of your student experience.

Scan the QR code for more info about NCIE Free Access


KOI
King's Own Institute
SWIMMING
Program
KOI LIFE SAVING AND WATER CONFIDENCE PROGRAM
Trimester Feature
Week 3 - 8 (16 Mar - 24 Apr)
6 Free Lessons!
First Come, First Served!
National Centre of
Indigenous Excellence (NCIE)
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KOI
King's Own Institute

CRICOS: 03171A
KOI.EDU.AU

FREE

KOI's Clubs Members



ENTRY TICKET TO NCIE

Indoor Heated Pool + Basketball Court + Showers & Change Rooms

YOUR KOI STUDENT ID UNLOCKS MORE THAN CLASSES.

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IF IT DOESN'T CHALLENGE YOU, IT WON'T CHANGE YOU.

2026 KOISS SPORTS FEST



Swimming
11 AM – 12 PM

Futsal
12:30 PM – 2:15 PM

Badminton
2:30 PM – 4:00 PM

Volleyball
4:10 PM – 5:25 PM

Basketball
5:30 PM – 6:45 PM

OCT - T226

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DO SOMETHING THAT MIGHT FAIL

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This may sound strange, but I'm serious. College is the stage in your life where the cost of failure is smallest.

- You fail at a startup — you're still a student, you can start over.
- You lose a competition — you're still a student, nobody rejects you for it.
- You work on a project that doesn't work out — you're still a student, and the experience can still go on your resume.
- You try a direction and find you don't like it — you're still a student, you have time to switch directions.

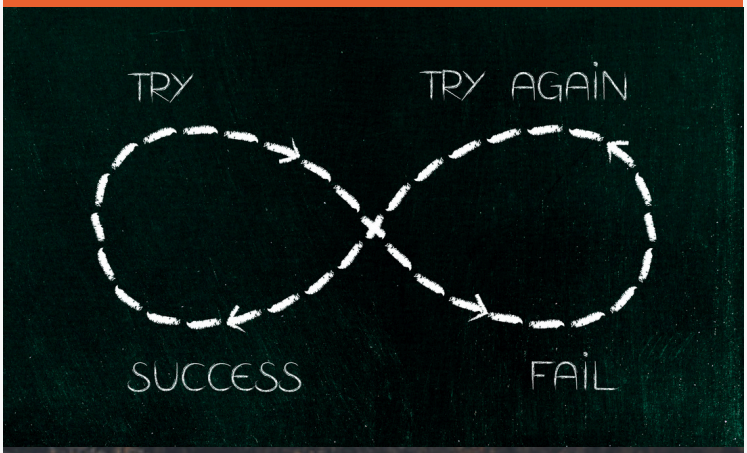
The cost of failure in college is extremely low, but what it brings you is something very hard to buy after you leave.

- You learn what you're like under pressure. You learn your real reactions to setbacks.
- You learn whether you can hold up under uncertainty.
- You learn where your boundaries are.

These self-knowledge insights cannot be taught in any classroom.

- Join a competition you might not win.
- Work on a project you're not sure you can complete.
- Apply for an opportunity you feel you might not be qualified for.
- Reach out to someone you think might not reply.

The worst outcome is failure. But failure itself is exactly the gain you're after.





Failure
teaches you things success never will.

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Academic Event

2026 Annual IT Event

[No-Code]

Hackathon

WINNER PRIZE

TURN IDEAS INTO AI MICRO APPS – WIN $500!

[1st May] / [12PM-5PM]

Will be held in KOI Wynyard Green Campus

REGISTER BY 17 APR
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KOI TALENT SPEECH CONTEST

FROM IDEAS TO IMPACT

LET YOUR VOICE BE HEARD

2026 WEEK 9



2025 THEME:

"VOICES OF CHANGE: HOW STUDENTS CAN SHAPE THE FUTURE"

First Prize

$500

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INNOVATION ★★★★★ DIGITAL COMMERCE ★★★★★ ENTREPRENEURSHIP ★★★★★

2026 KOI MARKET PLACE PITCH COMPETITION



KOISS FEATURE

ANNUAL BUSINESS EVENT

KOI

DEC 2026

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WIN

$500

WITH

CREATIVE STARTUP IDEAS

TAKE AT LEAST ONE LONG-DISTANCE SOLO TRIP

Not a group tour. Not with roommates. Alone.

7

One backpack. One plane or train ticket. Go somewhere you've never been.

STAY LONG ENOUGH



TRAVELING ALONE IS

the most intensive period of spending time with yourself.

No companion to help you decide. No familiar environment to give you security. No daily routines to distract you.
You must face every unfamiliar situation alone, make every decision alone, handle every problem alone.
In this process, you discover parts of yourself you can't see in daily life: your level of anxiety in unfamiliar environments, how you deal with uncertainty, your ability to be alone, your ability to mobilize resources when no one is helping you.
Knowing these things is real self-knowledge.

NO LUXURY TRAVEL

A bed in a youth hostel costs a few dollars a night. Ride-sharing apps are cheaper than trains. Student discounts apply to many attractions.
These options — after you leave college, you'll have money but no time. As a student, you have time, and you can afford budget travel.

EXPLORE AUSTRALIA WHILE YOU STILL HAVE THE FLEXIBILITY TO DO IT.

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Sydney City Tour




KOISS SYDNEY NATURE TOURS
SOUTH LAWSON WATERFALL CIRCUIT
15 AUGUST 2025
FRIDAY
9 AM@
CENTRAL
STATION
Scan the QR code
Join Now!
More Info?
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FIND A PROFESSOR

WHO IS ACTIVELY BUILDING, RESEARCHING, OR CREATING SOMETHING MEANINGFUL — AND BECOME PART OF THAT

REAL-WORLD WORK



This, I think, is the most underestimated resource for college students:

mentor resources.

MENTOR: • Guidance & Direction • Experience Sharing • Support & Growth

Every school, whether top-tier or average, has a few professors who are genuinely doing real work. They're working on real projects, researching real problems, connecting with real industry or academic frontiers.
Work with such a professor on something real — even if it's just basic support: organizing data, doing literature reviews, helping run experiments.
What you'll gain is something no classroom can ever give you: what real problems look like.

Problems in the classroom have standard answers. Problems in real research or projects have no standard answers. Sometimes, even defining the problem itself is something you need to figure out.

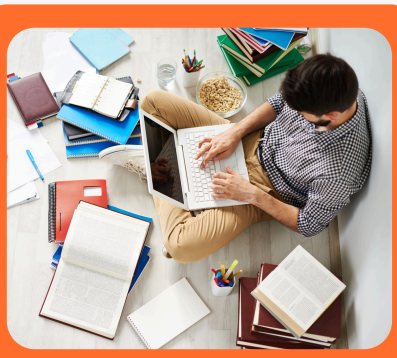
This experience will give you a completely different dimension of understanding of your field. Not just knowing what's in the textbook, but knowing where the real difficulties are, where the real interest lies, which directions are truly worth your time.

What's the real problem?

How do you find a mentor?

By initiative

You don’t find a mentor by luck.



Website

On your university's website, find professors in areas you're interested in. Look at the papers they've published in the last three years. See what they're working on.



Small talk

Once you find a direction you're genuinely interested in, knock on their door or send a thoughtful email: mention what paper of theirs you read, what specific question you're interested in, what you're willing to do, how much time you can commit.



Try first

Most people won't take this initiative. So those who do will have a higher success rate than you might think.

Your genuine curiosity can unlock new possibilities. Sometimes, simply taking the initiative is already what makes someone stand out.

Real projects involve

Uncertainty. Communication. Deadlines. Unexpected problems. Teamwork. Responsibility.

That’s where a lot of real growth actually happens.

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ALUMNI NETWORK

YOUR JOURNEY WITH KOI DOESN'T END AT GRADUATION -

IT'S JUST THE BEGINNING!

More information can be seen at ENGAGE.KOI.EDU.AU

Career Support
Networking | P.D Resources
KOI Marketplace

IT'S YOUR CHOICE. YOUR SELF WORTH IS DETERMINED BY YOU.



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English

LSC@KOI.EDU.AU

HUB

Practice Makes Perfect

WED

FRI

No need to register – just drop in

T226

From Week 2 **to** Week 11

FREE ENGLISH CLASSES

- Wednesdays: 5:30 PM – 8:30 PM (TBC)
- Fridays: 2 PM – 5 PM (TBC)
- Location: Room 0711, Level 7, 11 York Street

Hybrid Format Available



KING'S OWN INSTITUTE

NEW YEAR PARTY

23 JAN 2026

@The Scary Canary

469 Kent Street, Sydney NSW 2000



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THE MOST IMPORTANT INVESTMENT



- Having said all these specific things, I want to close with something more fundamental.
- The best investment a college student can make in themselves is not any single specific thing, but building one habit:

Actively and consciously managing your time and attention.

College gives you a dangerous amount of freedom.

- Nobody forces you to sleep early.
- Nobody checks whether you used your afternoon meaningfully.
- Nobody stops you from wasting months drifting without direction.

This freedom is both a gift and a trap.

- Some students quietly use these few years to build skills, relationships, confidence, experiences, and self-awareness that completely change the direction of their future.
- Others spend the same years permanently distracted, constantly escaping discomfort, always “busy”, but never truly growing.

AND, ONE DAY

Graduation arrives very suddenly.

Managing time doesn’t mean scheduling every minute of your day. It means knowing clearly:

Is what I'm doing today moving me toward where I want to go, or just spinning in place?





I’ve genuinely seen both outcomes happen.
The students who seem most grounded later in life are usually not the students who did everything perfectly.
They’re often the students who explored. The students who got lost a little. The students who tried things, failed at some of them, reflected, adjusted, and slowly figured themselves out.
Because once you’ve already experienced confusion and uncertainty during university, you become less afraid of it later in life.
You know how to find your way back.
And honestly, that might be one of the most valuable things university can give you.

University is not just a period to complete. It’s a period to explore.

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2025 Annual STUDENT SURVEY



YOUR VOICE MATTERS

WE'RE LISTENING.

TAKE 5 MINUTES TO MAKE STUDENT LIFE AT KOI EVEN BETTER.

SCAN NOW!

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KOISS STUDENT SURVEY

SHAPE KOI EXPERIENCE

2026

25TH MAY TO 14TH FEB

ANONYMOUS

YOUR WORDS MATTER
— KOISS WILL
REPRESENT YOU.

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CAREER & ENGAGEMENT

KOI
King's Own Institute

15 YEARS CELEBRATION

ALUMNI SURVEY



For more than 15 years, KOI graduates have built careers, businesses, and communities across Australia and around the world.

Now, it is time to RECONNECT

ONCE A KOI STUDENT, ALWAYS PART OF THE KOI COMMUNITY.

SCAN QR TO START NOW

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BUILD KOI ALUMNI HUB

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KOI Engage *Website*

Get all the free resource

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